



Family Fun, Food, & Fitness Event Application for Funding

The importance of family and community involvement in supporting a healthy school environment has long been recognized by government agencies and health professionals. Both the Kansas Coordinated School Health (KCSH) program and the Kansas School Wellness Policy Model Guidelines emphasize the need to engage family and community members. Over the last three years, as schools have developed and implemented their school wellness policies, there have been an increasing number of school-sponsored health fairs and fitness-themed family nights.

Several of these events have been highlighted as success stories by KCSH. As more schools learn about these activities and begin to host similar events, Kansas Team Nutrition recognized the need to ensure that the messages and information provided to the community are accurate, consistent, and appropriately presented. Kansas Team Nutrition is completing the development of a *Family Fun, Food and Fitness Event Guide* designed for schools. This guide, available online in fall 2008, will provide instructions for planning and promoting a health-centered, family-friendly, school-sponsored event and will include specific instructions detailing both nutrition and fitness activities.

Kansas Team Nutrition, in partnership with Kansas Families and Schools Together, is looking for schools interested in using this guide to plan one or more Family Fun, Food and Fitness events during the 2008-2009 school year to provide feedback on the guide's format and usefulness.

Seventeen \$500 mini-grant funds will be awarded during fall 2008 and seventeen more will be available in spring 2009 to schools willing to use and evaluate this new resource. All Kansas schools participating in one or more school meals programs will have the opportunity to apply for a mini-grant to help financially support a Family Fun, Food, and Fitness event. Preference will be given to schools that are willing to match the mini-grant funds and/or show initiative in sustaining a Family Fun, Food, and Fitness event beyond a single event.

Complete this application. Keep a copy for your files and return the signed original to:

Allison Gilmore, M.S., ATC
Team Nutrition Coordinator
Child Nutrition & Wellness
Kansas State Department of Education
120 SE 10th Ave.
Topeka, KS 66612

Direct any questions to Allison Gilmore agilmore@ksde.org OR 785-296-2790.

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Part A. Application and Eligibility Requirements

1. Mini-grant funds and evaluation materials will only be provided to Kansas schools that participate in the National School Lunch Program or the School Breakfast Program.
2. All activities must be implemented in Kansas schools during the 2008-2009 academic year.
 - **To apply for fall 2008 funding**, complete and return this application by September 15, 2008. At least one Family Fun, Food and Fitness event must be completed by December 31, 2008.
 - **To apply for spring 2009 funding**, complete and return this application by January 12, 2009. At least one Family Fun, Food and Fitness event must be completed by May 15, 2009.
3. Applicant must agree to use the *Family Fun, Food and Fitness Event Guide* (a hard copy will be provided to grantee schools by Kansas Team Nutrition) to plan at least one event, and return evaluations of the resource at the conclusion of the grant period.
4. Late applications will not be accepted unless an inadequate number of applications are received by the deadline date. Incomplete applications or applications with missing signatures will automatically be disqualified.
5. Submission of an application for the Family Fun, Food and Fitness event mini-grants does not guarantee selection for participation. All schools will have the opportunity to access and evaluate the *Family Fun, Food and Fitness Event Guide* online and can participate independent of this project.

Part B. Applicant Information

Complete the information below.

School District or Private School Name and number (USD, X0, etc.):

Applicant's Name:

Position Title:

Contact Person (if other than applicant):

Contact Title (if other than applicant):

Mailing Address:

City, State, Zip:

Work Area Code/Phone Number:

E-mail address:

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Part C. School Information

Complete the information below (only one school per application).

School Name:

Mailing Address:

City, State, Zip:

Area Code/Phone Number:

Area Code/Fax Number:

School Grades:

School Enrollment:

I am applying for (select one):

- Fall 2008** (application deadline September 15, 2008; must complete at least one Family Fun, Food and Fitness event by December 31, 2008)
- Spring 2009** (application deadline January 12, 2009; must complete at least one Family Fun, Food and Fitness event by May 15, 2009)

Part D. Matching Funds and Sustainability

While it is not required, preference will be given to schools that are willing to match the mini-grant funds and/or show initiative in sustaining a Family Fun, Food and Fitness initiative beyond a single event.

1. Is this school/district willing to provide funding for Family Fun, Food and Fitness events?
 - a. Yes
 - b. No
2. How much funding is provided through the school/district to support a Family Fun, Food and Fitness event?
3. Does this school/district have funding available for Family Fun, Food and Fitness events from other sources (PTA, Coordinated School Health, other grant funding, etc.)?
 - a. Yes
 - b. No
4. How much funding is provided through other sources to support a Family Fun, Food and Fitness event?
5. Does this school have plans to offer multiple Family Fun, Food and Fitness events during the 2008-2009 academic year?
 - a. Yes
 - b. No
 - c. If yes, how many?

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Part E. School Health Initiatives

Complete the information below.

1. Does this school/district participate in Kansas Coordinated School Health?
 - a. Yes
 - b. No
2. Is this school/district enrolled as a Team Nutrition School?
 - a. Yes
 - b. No
3. Has this school/district participated in any other programs to improve student health/wellness during the last three years?
 - a. Yes
 - b. No
 - c. If so, please name and briefly describe the program(s):

Part F. Agreement and Signature

I have read and understood the document titled “Family Fun, Food and Fitness Event Guide Application for Funding”. I have answered all questions honestly and to the best of my ability.

Signature of Applicant

Date

Signature of School Food Authority’s Authorized Representative*

Date

*This is the school district’s or private school’s official representative for the school food service program as designated by the local Board of Education. Because mini-grant funds will be deposited into the School Food Service Fund, this signature is required in order to be considered for grant funding from Kansas Team Nutrition.

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